Chart Links:

1. Sedentary Behavior: https://observablehq.com/d/31125b0757f5ce28@355
2. Exercise: https://observablehq.com/d/1396329785c5c293
5. Sleep and Chronic Disease: https://public.tableau.com/views/ChronicDiseaseandSleep-2/Sheet1?:language=en-US&:display_count=n&:origin=viz_share_link